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Testimonial: Reva Prakash

I have known Reva now for over seven years in the capacity of a coach.

Reva coached and counselled me in both my personal and professional life.

She guided me through very difficult relationship issues at home and worked through challenges at my work place. She helped me establish my self-worth and self-esteem in the face of an emotionally abusive marital relationship with an extremely driven spouse who would always keep himself and his interest at the centre. At the work place (to which I was returning after a break of 3 years) Reva helped me gain insights into the corporate structure and taught me the ropes of communication and negotiation skills.

Reva guided me further into taking up courses in 'Counselling' as she saw a potential career for me in that sphere.

Reva is a person of great values and commitment. She is highly professional and is thorough in her knowledge and understanding of human nature and behaviour.

Reva is now a friend and a mentor and it is a relationship I value a great deal.

Natasha

  
Nov. 2016

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